

Psych 1 | Introduction to Psychology | UC Berkeley | Spring 2019

Professor : A.D. Catterson | catterson@berkeley.edu
Pimentel

Course : Monday 6:30 - 8:30 PM in 1

Office Hours : Mondays, 4:30 - 5:30 PM on the 3rd Floor Atrium of Berkeley Way West (BWW). Office hours are drop-in - no appointment is needed. If this time does not work, let's schedule another time to meet.

Course Description : An introduction to the science of how people (and animals) think, feel, and behave.

Optional Textbook : OpenStax (OS) Psychology :

https://cnx.org/contents/Sr8Ev5Og@9.33:F_mjYFfh@22

Course Outline : Subject to change (changes will be announced in lecture and via bCourses at least 1-week before the date). See bCourses for links to assignments, discussions, and lecture recordings.

Week	Lecture Topic and Notes	Major Due Dates	Required Readings + Optional Textbook (OS)
1 1.28	Introductions		Syllabus + OS 1.1 + 2.1 + 2.2 + 2.3
2 2.4	Science of People	Quiz 1 [KEY]	Person Science + OS 11.7
3 2.11	Genes & Memes		Nature/Nurture + OS 3.1 + 6.4 + 10.3
X 2.18	NO LECTURE		
4 2.25	Schemas	Quiz 2 [KEY]	Memes Matter + OS 7.1 + 7.3 + 3.2 + 8.2
5 3.4	Biased Brains	Quiz 3 [KEY]	Two Systems + OS 3.4
6 3.11	Perception		Brains + OS 4.2 + 4.3 + 4.4 + 5.1 + 5.2 + 5.3
7 3.18	Sleep & Anchors	Quiz 4 [KEY]	Replication & Sleep + OS 4.5 + 6.3
8 3.25	SPRING BREAK! B^)	Presentation Pt.1	Drugs + OS 4.2 + 4.3 + 4.4 + 5.1 + 5.2 + 5.3
9 4.1	Drugs & Rewards	Quiz 5	Stress + OS 3.3 + 10.4 + 14.1 + 14.2 + 14.3
10 4.8	Emotions & Stress	Quiz 6	Depression + OS 14.4 + 15.1 + 15.7 + 16.2
11 4.15	Depression & Power	Presentation Pt.2 [Friday]	Power + OS 12.2 + 12.3 + 12.4
12 4.22	Prejudice & Stigma	Quiz 7	Prejudice + OS 12.5
13 4.29	Attachment & Love	Presentation Pt.3 [Friday]	Relationships + OS 12.7 + 9.3
14 5.6	RRR WEEK		
15 5.17	FINAL EXAM 3:00 - 6:00 PM IN LOCATION TBD (Likely 1 Pimentel)		

Graduate Student Instructors (GSI) | Each student is signed up for a discussion section, led by a GSI.

Name	Sections	E-mail	Office Hours
JiYun Lee	103, 104, 107	jiyun_lee@berkeley.edu	Th 2-3 PM BWW 3rd floor
Vanessa Castro	106, 108, 118	vanessathegsi@gmail.com	Tu 3-4 PM BWW 3rd floor
Ezra Mauer	102, 116, 117	ezra.mauer@gmail.com	M 3-4 PM BWW 3rd floor
Lilia Walsh	101, 114, 115	liliawalsh@berkeley.edu	Th 11:50 - 1:50 BWW 3rd floor
Matt Elliott	105, 112, 113	mvelliott@berkeley.edu	M 11am-12pm BWW 3rd floor
Esther Howe	109, 110, 111	esther_howe@berkeley.edu	Th 4-5pm BWW 3rd floor

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Grade Details : There are 100 points total in this class. Your grade in the class will be based on the following components (described in more detail below). Detailed descriptions and grading rubrics for assignments and the student project will be handed out separately in class and posted to bCourses.

5 points RPP credit	10 points Reading Responses
12 points Lecture Check-Ins	10 points Student Presentation
6 points Discussion Section Attendance	15 points Quizzes (Drop Lowest Scoring)
12 points Online Assignment	30 points Final Exam

Letter grades will be based on rounded cutoffs :

A+ is > 96.5	B+ is > 86.5	C + is > 76.5	D is > 59.5
A is > 93.5	B is > 83.5	C is > 73.5	F is < 59.5
A- is > 89.5	B- is > 79.5	C- is > 69.5	<i>note: an 89.499 is a B+</i>

Summary of Course Components :

Reading Responses and Textbook : Each week, I will post free readings and videos from scientific or popular press sources to bCourses (and the syllabus). You will use these readings and videos to answer a few questions on bCourses ("Reading Responses") to prepare you for lecture and discussion section. In addition to these required readings, I have also provided links to a free textbook for students who want additional support in the class. The textbook covers more terms than we will cover in the class - you are not responsible for all material in the textbook, but can use the textbook as an optional support for learning.

Lecture Check-Ins : At the beginning of each lecture, I will ask you to complete short assessments that are comprised of multiple choice and short-answer questions. These "check-ins" will be graded for completion, will be administered online (accommodations will be made for students without online access during lecture), and can be completed for full credit up to one week after the lecture. Lectures will be recorded and uploaded to bCourses. I expect you to attend every lecture, but can use recordings in case you need to miss a lecture due to illness or family / personal emergency.

Quizzes : Quizzes are short (10 minute) multiple-choice based exams on material from lecture and readings. These will be similar to the check-ins, but will be graded for accuracy. There will be no make-up quizzes without *at least* 72 hours notice, and if you show up late you have that much less time to complete the quiz (i.e., a student who shows up 5 minutes late will only have 5 minutes to complete the quiz). All students may drop their lowest scoring quiz score.

Online Assignments : Each week you will complete a short online assignment designed to have you relate course concepts to your own life experiences, and share these experiences with other students. Online assignments are graded for completion.

[Student Presentation](#) : For this project, you'll put together a 5-minute video that teaches the class about a topic in psychology that you researched and learned about. For more information, please read the presentation rubric that will be handed out in class (and posted online) in Week 6.

Research Participation Program (RPP) : The Psychology Department requires the RPP as part of your course grade. Each student will need to complete 5 RPP credits. To learn how to participate in studies through the RPP, please completely read the document, "RPP Information for students" (uploaded to bCourses and available at the RPP website : tinyurl.com/rppuch). You will need to set up

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a Sona account as instructed as soon as possible. If you have any questions, contact RPP at rpp@berkeley.edu (please do not contact your GSIs or Instructor). If you do not wish to participate in RPP, [sign up here to receive information about an alternative assignment by March 16th](#). (Note: the alternative assignment will involve comparing how a psychology finding is reported in the news, textbook, or lecture to the original source material. A rubric will be posted March 16th.)

Final Examination : The final exam will be cumulative, based on material from lectures and readings, and will be comprised of multiple choice, short-answer, and essay questions. A study guide will be posted at least two weeks before the exams. If you have a legitimate conflict with the Final Exam time, [submit a make-up request here](#) at least two weeks before the exam date.

Extra Credit : Extra credit opportunities will be assigned throughout the semester. I also give extra credit for students who ask thoughtful questions in class (e.g., a question “everyone” was thinking, a question I hadn’t heard before, a question to which I don’t know the answer, etc.)

Course Policies :

Late Work and Make-Ups. Late work for reading responses and online assignments will be penalized 50% if late (even by a minute), and not accepted one week after the deadline. It is your responsibility to stay on top of assignments, and submit work with enough time needed to account for computer or internet issues. There will be no make-up Quizzes.

Regrades. Students may ask for a re-grade on quizzes and assignments if they believe they lost points for something they should have earned. To request a regrade, talk to your GSI in office hours or set up a meeting. In the case that you and your GSI cannot resolve the regrade issue, the professor will step in and regrade the assignment. When requesting a regrade, you consent to have your score *increased or decreased* if we find that you earned points you should not have earned.

Student Contact. It is your responsibility to regularly check e-mail for announcements from bCourses (make sure an e-mail you check is set up to receive bCourses announcements). Before you contact me via e-mail with questions, I ask that you demonstrate that you (a) have searched the syllabus and / or Google for the answer to your question and (b) contacted your GSI about your question. (If you do not follow these steps I will remind you to do so.) I am always happy to answer any questions in office hours, or before, during, or after lecture!

Incompletes. I will only grant an incomplete to students who (1) have a significant life event that prevents them from completing the final paper or final exam at the end of the semester and (2) are passing the class at the point they request the incomplete (or April 16th, whichever is later).

Academic Integrity. Do NOT cheat. Do NOT plagiarize. To copy text or ideas from another source (including your own submitted coursework) without appropriate reference is plagiarism. Anyone caught cheating or plagiarizing will receive a zero on the assignment or test, and will be reported to the Office of Student Conduct. It is your responsibility to read the official Student Conduct Policy for more information about campus standards and policies regarding Academic Integrity.

Respect for Others. I expect that you treat others with respect in this course - both in lecture and online. This also means you should limit distractions in the classroom by showing up on time, listening while others are speaking, and try to keep your mobile devices off and out of sight. If I feel

Psych 1 | Introduction to Psychology | UC Berkeley | Spring 2019

like you are not contributing to a conducive learning environment, I will ask you to leave. Please read the [Student Conduct Policy](#) for more information on how the University defines respect, and potential consequences for violating the policy. This is a large class - if you encounter a behavior (either online or in real-life) that makes you uncomfortable or violates the Student Conduct Policy, feel free to reach out to me or your GSI directly and we'll do our best to resolve the issue.

Strategies for success. Do your readings, complete assignments on time, understand how the topics and information relate to what you've learned (and are learning), and if you don't understand something, please ask the question!

Most important. Please let me know as soon as there is anything going on in your life that you think may affect your ability to do as well as you would like in this class (e.g. sickness, working a lot, small children at home, threats to immigration status, etc.), and I will do my best to work with you on a plan to succeed in the class. If you're not comfortable talking to me directly, you can talk to your GSI who can talk to me about your issue.

Description of Student Support Services :

Students with Disabilities : Students who require support or adaptive equipment because of a specific disability -- or would like to be tested to see if they qualify for a learning, auditory, or visual disability -- can request these services through the Disabled Students Program (DSP) office. Please note that I can only provide accommodations authorized by the DSP office. If you have DSP status, make sure you submit your letter and feel free to talk to me or a GSI about any specific accommodations you need, or other ways we might be able to make the class more accessible. [260 César E. Chávez Student Center | 510-642-0518 | <https://dsp.berkeley.edu/>]

Students with Mental Health Issues : If you feel a mental health issue (e.g., depression, anxiety) is negatively impacting your ability to succeed, I'd highly encourage you to seek out experts who can help. Berkeley has several free, confidential, and science-based programs designed to help students. [<https://uhs.berkeley.edu/caps> | Tang Center 3rd Floor | 510-642-9494 | After hour support line : 855-817-5667]

Tutoring Services for Students : Berkeley offers free tutoring and other academic support for students through the Student Learning Center (SLC). There will be a designated tutor for this class - more details can be found on the SLC website | <https://slc.berkeley.edu/psychology>

Undocumented Students : All people deserve access to education. The UC Berkeley Undocumented Student Program has organized resources to support undocumented students, protect their rights, and offer potential financial aid | <https://undocu.berkeley.edu/>

Students from Low-Income Backgrounds : The Extended Opportunity Program (EOP) provides college support services for low-income students. Services include additional counseling, financial assistance (study-time parent grants, work-study assignments, and book vouchers), child-care opportunities, and assistance transferring to four-year colleges. [119 César E. Chavez Student Center | 510-642-7224 | <https://eop.berkeley.edu/>]