

Psychology 130 - Clinical Psychology  
Spring 2017  
Department of Psychology  
University of California, Berkeley

Professor: Ann Kring

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Course website: on bcourses (<https://bcourses.berkeley.edu>)

Course podcast: on bcourses (<https://bcourses.berkeley.edu>)

Lectures: Mon & Wed 1:10-2pm, 105 Stanley

Office hours: Tu 11-12; Wed 2-3pm 3210B Tolman

**Graduate Student Instructors (GSI's):**

Manon Ironside

Amy Sanchez

Alice Verstaen

**Section Days/Times**

Mondays 9, 10, 11am

Thursdays 12, 1, 2pm

Fridays 9, 10, 11am

This course will consider the field of Clinical Psychology by focusing primarily on the scientific study of psychological disorders. We will begin by discussing historical underpinnings and specifying a multidimensional approach to the study of psychopathology. We will then proceed to cover the descriptions, causes, and treatments of many different psychological disorders. Throughout the course, we will also consider the various career paths of the clinical psychologist, including their roles as scientists, practitioners, and policy advocates. The required textbooks for the course will provide you with an overview of the current research on different psychological disorders. Lectures, class discussions, films, and discussion sections will supplement the text, allowing for a more broad-based coverage of the material.

**Discussion Sections:** Discussion sections are **required**. Final section assignments will be made within the first two weeks of the semester. A portion of your final grade (25%) will depend on section attendance and assignments. The sections are intended to augment and supplement the lecture material with case study examples. Sections will begin during the second week of the semester, when separate, section syllabi will be distributed.

**Research Participation Pool (RPP):** Students enrolled in Psy 130 are required to participate in the RPP program **or** to complete an alternative assignment. Those students who decide to participate in the RPP must complete 3 hours of research participation. One hour can be completed by filling out the online prescreening survey. Students who decide not to participate in the RPP program will be required to turn in two, short (2-3 page) summaries of two empirical papers from a psychopathology journal that will be made available to you in pdf format. More information on the RPP program will be provided during the first week of class. Although completion of the RPP requirement is not computed as a percentage of your final grade, students who fail to fulfill this requirement **will not receive a final grade** in the course until this requirement is completed. In order to learn how to create an RPP account and start participating in experiments, please go to the following link: <http://psychology.berkeley.edu/undergraduate-program/research-participation-program>. I encourage you to read completely the document, "RPP Information for students." Starting Fall 2016, the Department moved to a new platform called Sona, so even if you have done RPP before, please read the new information to understand how to use the new system. Then, set up a Sona account as instructed. We recommend doing this as soon as possible. If you have any questions, you can contact RPP at [rpp@berkeley.edu](mailto:rpp@berkeley.edu).

**Exams:** There will be four (4) exams, consisting of multiple choice and short answer/ essay questions that will be drawn from the text and lectures. The exams will **not** be cumulative. The purpose of the exams is twofold. First, you should be able to demonstrate that you have read the material and understood the factual points and arguments. Second, you should be able to synthesize and integrate the material such that this

knowledge can be applied in a broader context. Your lowest exam score from the first three exams (i.e., all but the last exam) will not be included in the calculation of your final grade. All exams will be taken in-class and will be closed book. In general, no make-up exams will be given. In *very rare* instances where someone truly cannot take an exam at its scheduled time, a make-up exam may be given. If you are in the Disabled Student Program (DSP) details about alternate exam locations will be given to you prior to each exam. *Please let me or your GSI know as soon as possible if you are in the DSP program.*

**Class time and final grade calculation:** Class time will consist of lectures, small group discussions, and films. Powerpoint slides from the lecture will be posted on our course web page and can be printed prior to coming to class. I will also display the slides in class via computer.

Course grades will be determined by the exams and Discussion section as follows:

25% each for the two highest scores from the first three exams, equaling 50%

25% for the fourth exam

25% for section

While class attendance will not be taken, it is strongly recommended that you attend class as information presented during class will be included on the exams. In turn, it is my responsibility to make class time a worthwhile, learning experience for you. Section attendance is required and will be taken by the GSI's.

### **Required Texts:**

Kring, A. M. & Johnson, S. L. (2016). *Abnormal Psychology*. **13<sup>th</sup> Edition**. Wiley.

Brown, T. & Barlow, D. H. (2017). *Casebook in Abnormal Psychology*. 5th Edition. Wadsworth/Cengage Learning. **You can use the 4th edition of this book**

\*\* A few copies of both books will be on reserve at the Moffitt Undergraduate Library if you have trouble buying, renting, or borrowing these books.

\*\* *Please try to read the assigned chapters before the class meeting on the assigned date. This will hopefully allow for a better understanding of the lecture and give you the opportunity to ask any questions that may have come up in your reading.*

**Email Policy:** Feel free to email me at [kring@berkeley.edu](mailto:kring@berkeley.edu). I will do my best to reply to you within 48 hours. If I am unable to do so, you will get a message telling you when I can respond. Attending office hours is an excellent way to speak to me about all issues.

**Waitlist Issues** Students on the waitlist are automatically enrolled in the course as seats open: enrollment is determined strictly by the student's rank on the waitlist, with preference given to psychology majors. Students who do not appear for scheduled discussion sections during the first two weeks of class (i.e., the first week that discussions are held) may be dropped from the course. If you have any problem attending your scheduled discussion section during the first two weeks of the semester, contact your GSI. **DO NOT DROP THE CLASS AND RE-ADD IT** since the system will place you at the bottom of the waitlist. We are employing automatic enrollment, meaning that the system will check your waitlist number, giving priority to psychology majors and then fourth year students.

**Honor Code.** The student community at UC Berkeley has adopted the following Honor Code: "As a member of the UC Berkeley community, I act with honesty, integrity, and respect for others." We hope you will adhere to this code in the course. Cheating on an exam will result in a failing grade in the course and will also be reported to the University Center for Student Conduct. Plagiarism will also result in a failing grade for your paper assignment. For additional information on plagiarism see:

<http://www.lib.berkeley.edu/instruct/guides/citations.html#Plagiarism>

## Schedule

<u>Date</u>	<u>Topic</u>	<u>Readings</u>
Jan 18	Overview	
23	History	Chapter 1
25	Paradigms	Chapter 2
30	Diagnosis	Chapter 3 (pp. 66-82)
Feb 1	Assessment	Chapter 3 (pp. 82-104)
6	Research Methods	Chapter 4
<b>8</b>	<b>EXAM 1</b>	
13	Anxiety Disorders	Chapter 6
15	Obsessive Compulsive & Trauma Related Disorders	Chapter 7
20	<i>no class Presidents Day Holiday</i>	
22	Eating Disorders	Chapter 11
27		
Mar 1	<b>EXAM 2</b>	
6	Mood Disorders	Chapter 5 (pp. 132-164)
8		
13	Substance Use Disorders	Chapter 10
15		
20	Dementia	Chapter 14 (pp. 437-450)
22	<b>EXAM 3</b>	
27	<i>no class Spring Break</i>	
29	<i>no class Spring Break</i>	
<b>Apr 3</b>	Schizophrenia	Chapter 9
5		
10		
12	Developmental Disorders	Chapter 13 (pp. 383-410; 419-428)
17		
19	Legal Issues	Chapter 16 (pp. 480-504)
24		
26	Wrap Up	
May 9	<b>EXAM 4 (8 – 11am)</b>	<b>Location TBD</b>