

# Psychology 1, Spring 2021

## *Principles of Psychology*

### Remote Instruction

**Instructor:** Allison Diamond Altman, M.A.  
**Office:** Virtual (Zoom)  
**Email:** [adiamond@berkeley.edu](mailto:adiamond@berkeley.edu) (preferred)  
**Office Hours:** Tuesdays, 10:00am – 10:30am  
                    Thursdays, 10:00am – 10:30am  
**Lecture Zoom:** Meeting ID: 992 5427 1986  
                    Passcode: 583989  
**Office Hours Zoom:** Meeting ID: 946 6492 8107  
                    Passcode: 402122

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**Required Textbook:** We will be using an online, open-source textbook through the Noba Project. The full PDF version will be uploaded to bCourses, and you can access the online version here: <https://nobaproject.com/textbooks/allison-altman-new-textbook>

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#### **Course Description & Goals:**

Psychology 2 will allow students to sample a collection of past and present topics examined within the vast field of psychology. This class will have an especially strong focus on the psychology related real-world situations and problems that we face in the current day. Areas covered in this class will include biology, development, cognition, social psychology, personality, abnormal psychology, and others.

#### **Format:**

The course will be virtual yet synchronous, meaning that lectures and discussion section materials will not be prerecorded, and will be given in real time through Zoom at the class times (Tuesday/Thursday, 8:00am-9:30am). We will not have GSI's and sections, and thus you are only required to attend lecture and come to my office hours if you have questions on the material. I will try to record each lecture and post it to bCourses that day, but please do not rely on this, and try to attend each section if you can.

#### **Course Requirements:**

Readings: All assigned readings come from the textbook listed above. All readings will be made available on bCourses as PDFs. All readings are listed on your course schedule below. Please note the lecture that each reading is associate with.

Attendance: There will be *NO* attendance requirements. I expect you to attend virtual lectures, but will not be taking attendance.

Exams: There will be three exams in the course. All 3 exams will be:

- Synchronous (during class times)
- Open note

See course schedule, below, for the dates of each exam. You will not be required to log onto Zoom during the exams. The exams will be multiple choice and open book. Although I cannot (and will not) police

your behavior, *I ask that you work alone and do not work collaboratively on exams*. Please respect this request, given the flexibility I have provided.

Final Exam: The final exam will be asynchronous, and you will have 24 hours to complete it. Again, the final exam will be multiple choice and open book. Although I cannot (and will not) police your behavior, *I ask that you work alone and do not work collaboratively on exams*. Please respect this request, given the flexibility I have provided.

RPP: You will be required to participate in the Research Participation Program. In order to know how to participate in studies through the Research Participation Program (RPP), please thoroughly read the document, "RPP Information for Students", which has been updated for this term. Then, set up a Sona account as instructed. We recommend doing this as soon as possible. If you have any questions, you can contact RPP at [rpp@berkeley.edu](mailto:rpp@berkeley.edu).

### **Grading:**

Final grades will be calculated on the basis of 405 points distributed as follows:

3 Exams (100 points each)	300 total possible points
1 Final Exam	100 possible points
RPP	5 possible points
<b>Total Possible Points</b>	<b>405</b>

*Your grade will simply be your total earned points, divided by 405 points.*

Final grades will be based on a standard 100% scale: A=90%-100%, B=80%-90%, C=70%-80%, D=60%-70%, with + and – for the upper and lower 3% extremes of those ranges (e.g. B- = 80-82.9%, B = 83-86.9%, B+ = 87-89.9%). Please note, there is no rounding up in this class, your % is your %.

### **Academic Honesty:**

Both the University and I take academic honesty very seriously. Anyone caught cheating or plagiarizing on an exam or assignment will automatically fail the class. Their behavior will also be brought to the attention of the psychology department and University. Afterward, further actions might then be taken by both sources.

### **Disability Statement:**

If you are a student who needs academic accommodations or support because of a documented disability, you should contact me and provide copies of your contract or accommodation letters as soon as possible so that appropriate arrangements can be made. All discussions will remain confidential. If you have questions about accessing Disability Support Services, documenting a disability, or requesting accommodations, you should contact the appropriate disability support program at your institution.

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### **Course Schedule:**

The following contains a course schedule for the semester. Please note the schedule is subject to change, and I will notify you via bCourses of any changes.

<b>Date</b>	<b>Lecture Topic</b>	<b>Reading (to read before the lecture)</b>
Tuesday, January 19	Why Science?	Why Science? <i>Edward Diener</i>
Thursday, January 21	History of Psychology	History of Psychology <i>David B. Baker &amp; Heather Sperry</i>

Tuesday, January 26	Research Designs	Research Designs <i>Christie Napa Scollon</i>
Thursday, January 28	The Brain	The Brain <i>Diane Beck &amp; Evelina Tapia</i>
Tuesday, February 2	The Nervous System	The Nervous System <i>Aneeq Ahmad</i>
Thursday, February 4	Neurons	Neurons <i>Sharon Furtak</i>
Tuesday, February 9	Sensation and Perception	Sensation and Perception <i>Adam John Privitera</i>
<b>Thursday, February 11</b>	<b>EXAM 1</b>	<b>No Readings</b>
Tuesday, February 16	Judgment and Decision Making	Judgment and Decision Making <i>Max H. Bazerman</i>
Thursday, February 18	Intelligence	Intelligence <i>Robert Biswas-Diener</i>
Tuesday, February 23	Cognitive Development in Childhood	Cognitive Development in Childhood <i>Robert Siegler</i>
Thursday, February 25	Emerging Adulthood	Emerging Adulthood <i>Jeffrey Jensen Arnett</i>
Tuesday, March 2	Aging	Aging <i>Tara Queen &amp; Jacqui Smith</i>
Thursday, March 4	Functions of Emotions	Functions of Emotions <i>Hyisung Hwang &amp; David Matsumoto</i>
Tuesday, March 9	Culture and Emotion	Culture and Emotion <i>Jeanne Tsai</i>
Thursday, March 11	Emotion Experience and Well-Being	Emotion Experience and Well-Being <i>Brett Ford &amp; Iris B. Mauss</i>
Tuesday, March 16	<b>EXAM 2</b>	<b>No Readings</b>
Thursday, March 18	Conditioning and Learning	Conditioning and Learning <i>Mark E. Bouton</i>
<b>*** SPRING BREAK ***</b>		
Tuesday, March 30	Memory (Encoding, Storage, Retrieval)	Memory (Encoding, Storage, Retrieval) <i>Kathleen B. McDermott &amp; Henry L. Roediger</i>
Thursday, April 1	Conformity and Obedience	Conformity and Obedience <i>Jerry M. Burger</i>
Tuesday, April 6	The Psychology of Groups	The Psychology of Groups <i>Donelson R. Forsyth</i>
Thursday, April 8	Prejudice, Discrimination, and Stereotyping	Prejudice, Discrimination, and Stereotyping <i>Susan T. Fiske</i>
Tuesday, April 13	Personality Assessment	Personality Assessment <i>David Watson</i>
Thursday, April 15	Personality Traits	Personality Traits <i>Edward Diener &amp; Richard E. Lucas</i>
Tuesday, April 20	History of Mental Illness	History of Mental Illness <i>Ingrid G. Farreras</i>

Thursday, April 22	Mood Disorders	Mood Disorders <i>Anda Gershon &amp; Renee Thompson</i>
Tuesday, April 27	Anxiety and Related Disorders	Anxiety and Related Disorders <i>David H. Barlow &amp; Kristen K. Ellard</i>
Thursday, April 29	<b>EXAM 3</b>	<b>No Readings</b>
Monday, May 3–Friday, May 7	<b>RRR WEEK</b>	<b>No Readings</b>
Monday, May 10 (8:00am)–Tuesday, May 11(8:00am)	<b>FINAL EXAM (Asynchronous)</b>	<b>No Readings</b>