Syllabus for PSYCH2 (Ryan Lundell-Creagh): Principles of Psychology (Fall 2020)

Live Lecture Tu and Th 8:10-9:30am (Online Format)

Contact information:

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OVERVIEW OF THE COURSE

This course provides an overview of psychology for students who will not major in the field. We will begin by discussing how to define psychology and conduct psychological research. We will then move into discussing biological psychology answering questions such as how our senses work and what the different areas of the brain do. We will follow this with a discussion of how individuals learn and remember information. After that, we will move into discussing intelligence. Next, we will tackle social and personality psychology, followed by clinical psychology and psychopathology. The final section of the course is devoted to emotions and health. The goal of the course is to provide students with the basic information needed to understand and discuss psychology.

Week	Week of	Lecture (Tu and Th) Topics	Readings
1	08/27	Introduction and Overview	Read Prologue
2	09/01 09/03	Research Methods in Psychology PNS, the Neuron, and the Action Potential	Reach Ch.1 Start Ch. 2
3	09/08 09/10	CNS and Neuroimaging Consciousness and Sleep	Finish Ch.2 Start Ch. 3
4	09/15 09/17	Psychopharmacology Quiz 1 (ch1,2,3) Defining Perception, Vision	Finish Ch.3 Start Ch.6
5	09/22 09/24	The Four Other Senses Stage Theories of Development	Finish Ch.6 Start Ch.5
6	09/29 10/01	Development Across the Lifespan Nature vs. Nurture	Finish Ch.5 Read Ch.4
7	10/06 10/08	Quiz 2 (ch4,5,6) Assign. 1 due by class start (10/06) Classical and Operant Conditioning Extensions of Learning	Read Ch.7
8	10/13 10/14 10/15	Memory Q and A review session for Exam 1 Exam 1 (ch 1-8 inclusive)	Read Ch.8
9	10/20 10/22	Cognition and Language Intelligence	Read Ch. 9 Read Ch.10
10	10/27 10/29	Personality 1 (Theories of Personality) Personality 2 (Assessing Personality)	Read Ch.14
11	11/03 11/05	Quiz 3 (ch.9,10,14) Social Psych 1 (Stigma and Prejudice) Social Psych 2 (Attitudes, Actions, and Groups)	Read Ch.13

Psych 2: Preliminary Schedule of Lectures, Exams/Quizzes, Readings

12	11/10 11/12	Psychopathology 1 Psychopathology 2 Assignment 2 due by start of class (11/12)	Read Ch.15
13	11/17	Clinical Psychology	Read Ch.16
	11/19	Quiz 4 (Ch13,15,16) Emotions	Start Ch.12
14	11/24	Health Psychology	
	11/26	NO CLASS: Thanksgiving	Finish Ch.12
	12/01	Biological Drives + Review for Exam 2	
15	12/03	Exam 2 (ch 9-16 inclusive)	Read Ch. 11
	12/11	Final Essay Due by 11:59pm	

ALL INFORMATION IN THIS SYLLABUS IS SUBJECT TO CHANGE; ALWAYS DOUBLE CHECK BCOURSES WEBSITE

Details for Psychology 2: Principles of Psychology — Fall 2020

Course Format

A live lecture will be given every Tuesday and Thursday from 8:10-9:30 PST. This lecture will be recorded, so that students in different time zones can still keep up with the material. You are not required to attend the live lecture, but you will be responsible for all material covered in the videos.

To ask questions in class, feel free to interrupt by turning on your mic if you are comfortable doing so! I will also have the chat feature of Zoom open on the side, and will be monitoring that as I go. You can ask questions there to the whole class, or to me privately as well (the chat window does not appear in the recorded video even if it is open, so don't worry about that!)

Office Hours

Ryan's office hours will be **online via zoom** at a predetermined time once per week, and by appointment. Please send me an email if you wish to schedule a one on one private meeting. Please come to office hours!!! I want to get to know as many of you as possible, and office hours are a great way to have more personal discussions about how the class is going.

I want to see as many of you as possible at office hours, so in the first week of class I will send out a poll with several potential times. We will vote on the time that works best for everyone and I will hold office hours then. I recognize that the class is large, so there is no way that the time we choose will work for everyone, but I will try my best to be as accommodating as possible. You can always schedule an appointment with me at any time!

Important Class Websites

(1) *http://bcourses.berkeley.edu* for lecture notes, exam review sheets, announcements

(2) <u>https://psychology.berkeley.edu/students/undergraduate-program/research-</u>

participation-program for information about the Research Participation Pool

Textbook

Myers, D., & DeWall, N. (2017). Psychology (12th edition). Worth Publishing.

Note: Previous editions of the textbook are okay, but it is your responsibility to ensure that you are reading the correct chapters (the authors may have reordered the chapters from previous years)

Grading

Two exams (50%): Exam 1 and Exam 2 will combine to be worth 50% of your final grade. Your lower exam score will be worth 20%, and your higher exam score will be worth 30%. Both exams will have the same format (a combination of multiple choice, fill in the blank, short answer, and short essay). Both exams are designed to last 90 minutes and will be given during the regular lecture period. The exams are **open book.** However, this does NOT mean that you do not need to study! You will NOT have time to look up every answer, and there will be several questions requiring your application of the material which cannot be googled. Note there is **no Final exam: Exam 2 will be held on the day/time of the last scheduled lecture**. Both exams will draw from material presented in lectures, readings, and assignments. Exam 2 is NOT cumulative (i.e., it covers only the material covered after the mid-term).

Four Quizzes (12%): Quizzes will serve as short reviews of the *reading materials*. They will consist of multiple choice questions, and will be available on bCourses for a 24 hour period. These quizzes are **open book**. However, this does NOT mean that you do not need to study. You will NOT have time to look up every answer. But, you are encouraged to look up the answers to questions you do not know, as this will help you figure out what you know and what you need to study more. I will **count only your 3 best of the 4 quiz scores**. The three which are counted will be worth 4% each, for a total of 12%.

Assignments (15%): There will be two assignments, worth 7.5% each. More details about these will be discussed in lecture, and available on bCourses. Assignments will cover application of the material seen

in the course, and will be assigned following the relevant chapters. You will have approximately two weeks to complete each assignment.

Final Essay (20%): A final essay will be due following RRR week. More details will be announced during the final month of the class. At this time, you will be able to locate all the necessary instructions on bCourses.

Research Participation Pool (RPP; 3% of final grade): This general Psychology Department requirement involves learning about original research, typically by participating in studies currently conducted in the Department of Psychology. For Psych2, 3 research credits are required to earn the 3 points you get for RPP. It's all-or-none—you have to complete the full 3 RPP credits and *allocate* them to this class by the end of classes to get any of your RPP points.

Additionally, at least 1 RPP credit must be completed by the end of Phase I and allocated to this course by the Phase I deadline. If you do not complete one credit by the end of Phase I, you will be eligible only for 1% (rather than the full 3%) that RPP contributes to your grade.

In order to know how to participate in studies through the Research Participation Program (RPP), please watch the introductory video in the first set of lecture notes. Then, set up a Sona account as instructed. We recommend doing this as soon as possible. If you have any questions, you can contact RPP at rpp@berkeley.edu.

Please also see the deadlines listed on the RPP webpage:

http://psychology.berkeley.edu/students/undergraduate-program/research-participation-program

Alternate Assignment: If you do *not* wish to participate in ongoing RPP research studies, you can instead complete an alternate assignment: you'll read 3 journal papers reporting original psychology research and write a typed double-spaced 2-page essay about **each paper**, summarizing what the researchers in that paper did (Methods) and what they found (Results). The 3 empirical research articles **MUST BE PREAPPROVED BY ME**. These summaries must be submitted electronically by the last day of classes. You MUST inform me before Nov 1st if you are opting out of RPP for the alternative assignment to count towards your final grade.

Note on Special Circumstances and Make-ups

Please keep lines of communication open and come to office hours! This is a large class, so please let me know of any special circumstances as soon as you become aware of them. Make-up exams will only be given in cases of illness and documentable personal circumstances (i.e., doctor's note). If you are on a sports team and know that you will miss an exam or quiz, please provide a letter from the coach. As there are a lot of you, it is **YOUR** responsibility to ensure that a make-up exam is scheduled. If you are a DSP student, please ensure that your letter is sent to me and that I am aware of this well ahead of time so that proctoring arrangements can be made.

Berkeley Honor Code

As a member of the UC Berkeley community, I act with honesty, integrity, and respect for others. All members of the class will be asked to do the same.